

Burn Prevention

Facts About Burns

- ◆ About 1 million children are injured and 3,00 die each year as a result of burns.
- ◆ It is estimated that 75 percent of burn injuries and deaths are preventable.



- ✓ Make sure to turn pot handles toward the back of the stove to prevent children from grabbing the handles.
- ✓ Keep appliance cords out of children's reach, especially if the appliances contain hot foods or liquids.

Burn Prevention Tips

- * **SUPERVISION.** Never leave a child alone in the bathroom or kitchen. Adult supervision is the best way to prevent burns to young children.

- * **BATHROOM**

- ✓ Check your water heater's setting. Set your water heater to 120° F or below. Hot tap water can burn a child's delicate skin.



- ✓ Use a thermometer to test the water before letting your child touch bathwater.

- * **KITCHEN**

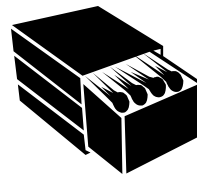
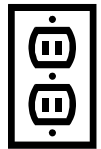
- ✓ Keep children away from the kitchen while you are cooking.



- ✓ Never hold a child while you are drinking hot liquids or eating hot food.

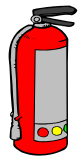
- * **GENERAL**

- ✓ Cover unused electrical outlets to prevent electrocution when a child sticks



- ✓ Keep matches, gasoline, lighters and all other flammable materials locked away and out of children's reach.

- ✓ Have a fire extinguisher in the kitchen, basement, garage and near the fireplace. Know how to use the extinguisher and make sure to keep it maintained.



- ✓ If you use a space heater, keep it out of children's reach and away from any objects that may catch fire.
- ✓ Teach children what to do in case of a fire: **Stop, drop and roll** if clothes are on fire.
- ✓ Have a fire escape plan. Practice it with your children so they will know what to do in a fire.